



Jane Dummer RD

registered dietitian

Jane is known as Canada's farm field to consumer plate dietitian.

- **Media and Speaking**
- **Program Development and Facilitation**
- **Project Management**
- **Research**
- **Workplace Wellness**

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Meet Jane

Jane is known as Canada's farm field to consumer plate dietitian. Jane is an expert in nutrition with a passion for food. After graduating from the University of Guelph, Jane travelled extensively, experiencing food in many different cultures. In Sorrento, Italy, Jane enjoyed cooking classes in a family's home learning about authentic flavours, preparation and cooking techniques. Jane is passionate about food and nutrition and takes pleasure in sharing her versatile approach with her clients.

For more than a decade, Jane has partnered with over 60 companies and organizations managing food and nutrition projects for them.

A go-to media source, Jane makes many media appearances and is quoted in numerous publications including Chatelaine, MacLean's and Today's Parent.

As a nutrition and food writer, Jane is a regular contributor to Bakers Journal, SOS Cuisine, MOST and her own Blog.

Jane is an active member of the College of Dietitians of Ontario and Dietitians of Canada.

Jane as a Media Spokesperson

As a food and nutrition go-to media contact, Jane has conducted over 75 media interviews and has been quoted in print, radio, digital. These easy to understand, nourishing bites can be found in Chatelaine, Maclean's, The Record, Today's Parent and the Toronto Star. Jane's radio and television appearances include: CTV, CKCO-TV, Rogers, The Weather Channel, CHUM FM, CKGL AM, 570 CHYM AM Food Show and K-Lite FM.

Jane has partnered with some of the country's leading public relations firms as a nutrition and food spokesperson for their clients and organizations. Jane's spokesperson work includes the California Strawberry Commission, Dairy Farmers of Canada, Danone, Dietitians of Canada, Maple Leaf Foods, Pulse Canada and Unilever.



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Client List

Bakers Journal	Martek	Rogers Communications
Canadian Council of Food and Nutrition	Metroland Media	Sysco Canada
Dairy Farmers of Canada	Nestlé (Novartis Medical Nutrition Corporation)	Toronto Region Research Alliance
Dare Foods Limited	Ontario Power Generation	Turkey Farmers of Ontario
Danone Canada	Ontario Science Centre	Unilever
Dr. Oetker Limited	Pro Health Group	University of Guelph
Gordon Food Services Canada	Pulse Canada	University of Waterloo
Heart and Stroke Foundation	Regional Municipality of Waterloo	
Maple Leaf Foods		

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Speaking Engagements

As Canada's farm field to consumer plate dietitian, Jane excels in translating the latest nutrition and food science into easy to understand, delicious and healthful information for busy executives, health professionals and families across Canada.

For over a decade, Jane has been a sought after, engaging speaker about food and nutrition. During the past two years, using her expertise and knowledge about adult learning principles, Jane has developed and facilitated over 20 speaking presentations.

Examples of these engagements include:

- Shaking the Salt Habit (Consumer Presentation) The Grand Life and Home Show, Kitchener, Ontario
- Sodium in the Canadian Food Supply (University Guest Speaker) The Pharmacy School, University of Waterloo, Waterloo, Ontario
- Functional Foods, A RD's Perspective (Presentation and Webinar) Canadian Foundation for Dietetic Annual Research Breakfast, Toronto, Ontario
- Sodium Reduction Study Research Poster Session (Health Professional Forum) Dietitians of Canada Conference, Montreal, QC
- Agri-food for Healthy Aging (Industry Presentation) Sysco - Education Days, Ottawa and Toronto, Ontario
- Nutrition on the Go (Workplace Wellness Lunch 'n Learn) Christie Digital, Kitchener, Ontario
- Dairy, Nutrition and Health (Industry Workshop) Guelph Food Technology Centre, Guelph, Ontario
- 10 Super Foods for Health (Consumer Presentation) Grand Home and Life Show, Kitchener, Ontario
- Nutrition Trends in Food Service (Industry Workshop) Canadian Culinary Leadership Conference, Toronto, Ontario

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Testimonials

"I have worked with Jane since 2004. She was a member of our Scientific Advisory Board and provided us with meaningful support. Jane continues to partner with us for medical conferences sharing her passion for nutrition with other health professionals. I enjoy greatly working beside Jane, she is certainly a well respected dietitian."

Manon Cormier, RD

Director, Health Affairs
Danone Canada

"Gordon Food Service (GFS) Canada has worked with Jane's company on several projects in the area of food safety and HACCP (Hazard Analysis Critical Control Point). She has developed and trained our distribution centre employees on food safety practices with excellent participant feedback. She has a great understanding of the adult learning principles and is versed in all sectors food industry (from the farm to the consumer). Her projects are delivered on time and on budget with high quality results."

Doug Pepper

HACCP, Health and Safety Coordinator
Gordon Food Service Canada

"We have partnered with Jane for media relation campaigns including print and radio. Jane's knowledge and fresh approach to translating nutritional science into easy to understand consumer messages was evident. Working with Jane proved to be a great addition to our team."

Solange Heiss

Assistant Director, Marketing and Nutrition Communications
Dairy Farmers of Canada

"With Jane's extensive knowledge of nutrition, plus her understanding of the food value chain, it is a pleasure to work with her. We have been utilizing Jane's business services for over four years from consumer communications to customized, nutrition projects. Jane's professional manner, passion for nutrition and versatile approach makes partnering with her an enjoyable and valuable experience."

Aubrey Williams

Senior Director Research & Development and Technical Services
Dare Foods

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Testimonials

“Jane has been a resource for Bioenterprise for over four years. Jane’s vast knowledge of both the nutrition and agri-food industries and her adaptable approach makes her a valuable member of our external consulting team.”

John Pickard
Bioenterprise Corporation

“Jane has been sharing her knowledge of nutrition and food with our readers for our Final Proof column since 2008. Her insights are always interesting and entertaining. She has a great ability to engage us with each and every column.”

Laura Aiken
Editor, Bakers Journal
Annex Business Media

“Jane’s expertise and understanding of the science of nutrition and dietetic practice were apparent with her contribution as a member of CFDR’s Scientific Review Committee, which assesses grant applications. We also worked with Jane as a presenter at our Annual Research Breakfast; here, her knowledge of the food industry and her resourceful approach to nutrition was clear. As well, she was an engaging and enthusiastic presenter.”

Isla Horvath
Executive Director
Canadian Foundation for Dietetic Research

“Our workplace wellness clients praise Jane’s ability to take nutrition information and explain it in easy to remember and practical tips. We have great confidence in Jane’s professionalism when she is representing Pro Health Group at the worksite events. Jane’s passion for health promotion is apparent in her engaging manner and common sense approach. We look forward to continued work with Jane.”

Eve Bechard, P. Dt.
Coordinator onsite strategies
Pro Health Group

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